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### Alcha: it's FREE!







### 3rd Annual Women's Health Fair Held

October is Breast Cancer Awareness Month. Women's Health Month has been observed by the women of Molokai for several years. Organized the past three years by the Molokai General Hospital 's Rural Health and Women's Health departments, the event emphasizes education about women's health issues, especially focusing on Breast Cancer prevention, detection and treatment.

Among the agencies offering educational material, hands on activities and fun activities were the high school Tobacco Coalition, Kukui Ahi Cancer Navigation Program, Na Pu'uwai, Aloha Care, Molokai Drugs, Molokai Community Health Center Dental Hygienist, the Department of Health Public Health Nurse and Dental Hygienist.





Certified Nurse Midwife Joan Thompson guided women through

a review of Breast Self- Exam. There were stress reducing activities, sources of information not just about physical, but also mental health, nutritional health and an opportunity to make your own jewelry! A team from Queen's Hospital with blood pressure, cholesterol & glucose screening and counseling were busy with the afternoon crowd. In the opposite corner, some ladies took advantage of massage by Kino and facials, too.

There were educational games and great prizes, lots of useful giveaways and hopeful information offered by the trained Molokai volunteers of Hospice Hawaii..After a morning workshop for , the American Cancer Society staff also

Committed educator Artice Swingle and friend Jaisun offered samples delicious green smoothie made with raw sweet potato leaves, bananas, mint and lilikoi. Other ono refreshment was served up by the MGH staff, including chili and green salad.

Sources of services for women are plentiful on Molokai'...they were there at the Women's Health Fair on Saturday afternoon, October 13th are are available by just a phone call. If you have health concerns for yourself or your family, call them, they are there for you.



Thank you to Desiree Pule and her MGH team who planned and gathered the resources. Special thanks to the teen volunteers and their leader JoDean from the Tobacco Coalition for their fun activity and commitment to educating everyone about the dangers of cigarettes and to encourage smoking cessation -- The Great American SmokeOut is in November.

And on November 3rd, Na Pu'uwai is holding a Cancer Risk Clinic. Call them for an appointment, they may still have openings.









For Water Saving Tips, Contact the Department of Water Sup (808) 244-8550 www.mauiwater.



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### **Coconut Tree Falls: Poles Down!**

Earlier this week, a coconut tree fell on the telephone and cable wires along the Kulana Iwe Coconut Grove in Kalamula, taking down the poles with it. Now new poles have to be installed, so the old ones are temporarily supported with lumber to allow traffic to pass by. Telephone Company has no Molokai crew to do this work, so these poles will stay this way until a crew from Maui can get here.

### October is ADOPT A DOG MONTH

Right now there is a happy-go-lucky mutt (or purebred) patiently waiting for his forever home. Actually, there are thousands of them in shelters across the nation. For this reason, the American Humane Association created Adopt-A-Dog Month® to remind you of a need for these special animals to be adopted.

Support these loving creatures by visiting your local shelter and adopting the dog of your dreams. Improve your life with a dog's companionship: dog owners are citing health benefits and "walking, jogging and exercise" as top benefits of having dogs in their lives; pets help lower blood pressure, prevent heart disease and fight depression and loneliness.

"There is a great need for people to adopt dogs from their local animal shelters," says Marie Belew Wheatley, American Humane Association president and CEO. "By adopting a dog this October, or at any time of year, people are saving the lives of these precious animals and giving them much-needed, loving homes."

#### Smokeless Medical Marijuana Validated

Two new studies, one from the University of California, San Francisco, and the other from the University at Albany, State University of New York, provide strong evidence that technology now allows medical use of marijuana with the rapid action and easy dose adjustment of inhalation, but without the respiratory hazards associated with smoking.

Also, medical marijuana laws do not cause increased teen abuse of marijuana in any of the states, like Hawaii, where medical marijuana is permitted by law.

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### The Moloka'i Advertiser-News





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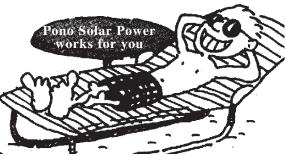
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# Impeach Linda Lingle for Superferry TREASON! A Resolution Submitted Linda Lingle did bring all Federal, State, and law enforcement that she could into her illegal plan to establish the Superferry operation, regardless of Hawaii State

Linda Lingle did bring all Federal, State, and law enforcement that she could into her illegal plan to establish the Superferry operation, regardless of Hawaii State Constitution and Environmental laws of Hawaii. Lingle's plan of War Aganst American Citizens is TREASON, and could have resulted in serious injuries and even death being inflicted on people who were doing their American Citizens' job of enforcing the law that the convicted felon Linda Lingle, the usurping de facto Governor had abandoned. **The case for impeachment is air tight, says Lanny Sinkin.** 

## Resolution on Impeachment of Linda Lingle

Whereas, on August 23, 2007, the Hawai'i Supreme Court issued an order requiring the State of Hawai'i to prepare an environmental assessment for the operation of the Hawai'i Superferry; and

Whereas on August 31, 2007, the Hawai'i Supreme Court issued its opinion in The Sierra Club v. The Department of Transportation of the State of Hawai'i; and Whereas, in said opinion, the Supreme Court stated that "the EA requirement of HRS Section 343-5 is applicable"; and

Whereas, in said section, the law requires that an EA be completed and accepted as a "condition precedent" to the initiation of the action in question; and

Whereas said ruling and opinion meant that as a matter of law the Hawai'i Superferry had to cease operations until the EA was completed and accepted; and

Whereas the Director of the Department of Transporation issued his opinion that the Hawai'i Superferry could continue to operate: and

Whereas the Governor adopted the opinion of the Director of the Department of Transportation and encouraged Hawai'i Superferry to continue operations; and Whereas the Governor did not request an opinion of the Hawai'i Attorney General regarding the legality of the Hawai'i Superferry continuing to operate; and

Whereas the position of the Director of the Department of Transportation and the Governor had no support in the law; and

Whereas Superferry proceeded to lower its prices to \$5, load up the Alakai Ferry, and sail to Kaua'i; and

Whereas, on August 26, 2007, people in Kaua'i jumped in the water and sought to prevent the Alakai from entering Nawiliwili Harbor based on the illegal nature of Superferry's continued operation; and

 $Whereas \ the \ U.S.\ Coast\ Guard\ acted\ to\ clear\ the\ way\ for\ the\ Alakai\ \ to\ enter, dock, unload, reload, and\ depart\ Nawiliwili\ Harbor, all\ in\ violation\ of\ law;\ and$ 

Whereas, on August 27, 2007, a greater number of people entered the waters of Nawiliwili Harbor to prevent Superferry from entering the harbor; and

Whereas the Coast Guard was unable to clear the harbor for the Alakai to enter; and

Whereas the Alakai departed from Kaua'i without entering the harbor; and

Whereas the Governor responded to the citizen law enforcement actions on Kaua'i by forming a Unified Command of Federal, State, and local law enforcement to force open Nawiliwili Harbor for the Alakai's return; and

Whereas the U.S. Coast Guard responded to the Governor's actions by declaring a security zone surrounding Nawiliwili Harbor; and

Whereas anyone entering the security zone to attempt to enforce the law against the Alakai's entrance would be subject to ten years in prison and numerous other federal and state charges; and

Whereas the Governor's pursuit of such law enforcement actions represented an abuse of her authority to further an illegal enterprise; and

Whereas the Governor's formation of the Unified Command undermined the legitimacy of every law enforcement agency involved; and

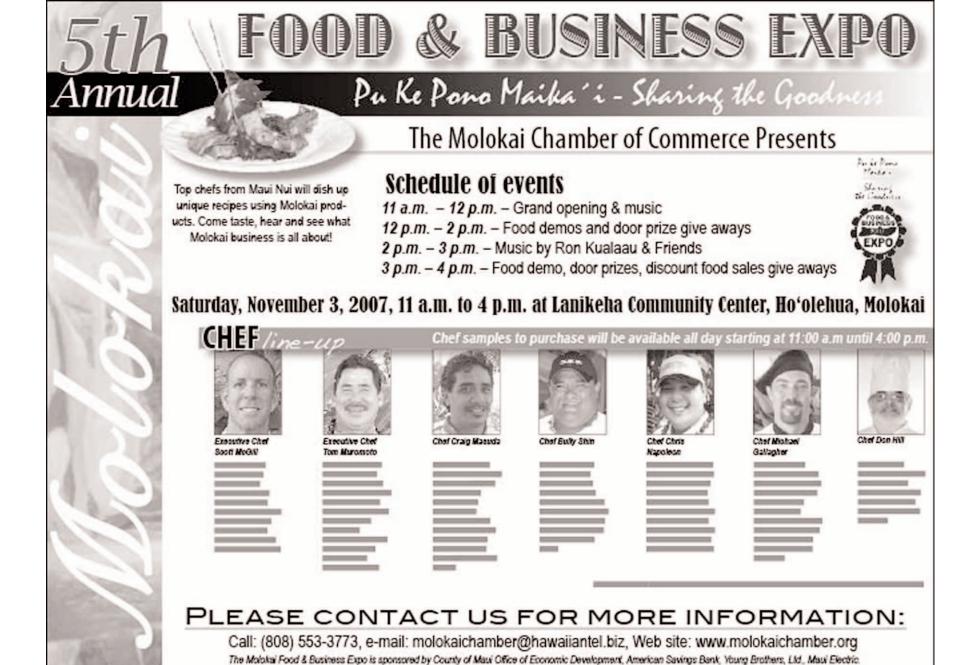
Whereas the Governor's intent to return the Alakai to Nawiliwili Harbor threatened to create legal liability for every law enforcement officer acting in concert with the Governor's illegal plan; and

Whereas the obvious commitment and courage of the people on Kaua'i trying to enforce the law made a confrontation between the Unified Command and the citizen law enforcers likely; and

Whereas such a confrontation could easily have resulted in serious injuries or even death; and

Whereas the opinion issued on October 9, 2007, by Judge Cardoza in the Sierra Club case only reinforces that the Governor acted without legal authority;

Now, therefore, Be it Resolved that the Legislature of the State of Hawai'i goes on record as supporting the intiation of impeachment proceedings against defacto [and disqualified for felony conviction] "Governor" Linda Lingle.



# Lucky We Live Molokai: Malama Pono

## **ALOHA**



## Molokai Community Health Center

is proud to announce an addition to our family

Dr. Dan and Meredith Shuman's three new daughters will be arriving soon.

The board and staff of MCHC are here for the long haul to support and serve all our families.

We hope you will welcome these young ladies when you see them in the community with their parents and brothers.

Let's keep supporting one another Molokai!



### **Animal Clinic to Open**

After being painted by volunteer Molokai art students, the MHS animal clinic located mauka side of highway just east of Elia's homestead, may open soon. For more info, call Julie Lopez.

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## I.R.S Loses, AGAIN!

161 Federal Tax Charges, 0 Convictions Gold and Silver Coins Used to Pay Wages

A Las Vegas federal jury returned its verdict refusing to convict nine defendants of any of the 161 federal tax crimes they had been charged with. The charges included income tax evasion, willful failure to file and conspiracy to evade taxes.

The four-month trial centered around the family businesses of Robert Kahre who paid numerous workers for their labor with circulating gold and silver U.S. coins, and did not report the wages. The payments took place over several years, allegedly totaling at least \$114 million dollars.

The Las Vegas Review Journal, reportedly under a degree of public pressure, ran its first (and last) story about the outcome of the trial. No major media entity has published a news story regarding the outcome of this important federal criminal tax case.

The censorship of this important news story is, unfortunately, not unexpected given the continuing, worldwide onslaught against the U.S. "dollar" -- specifically the Federal Reserve variety, and the ever growing numbers of Federal Reserve Notes required to trade for an actual ounce of silver, gold, oil, or for that matter, anything.

In short, this failed prosecution has coalesced and exposed truths our Government desperately needs to hide from the People: the truth about our money, the truth about our (privately-owned) central bank, and the truth about the fraudulent nature of the operation and enforcement of the federal income tax system.

According to defense attorney Joel Hansen, who represented co-defendant Alex Loglia, the primary "willfulness" defense was that the defendants believed they had no legal obligation to withhold, pay income taxes or report anything to the government because, in part, the nominal (i.e., face value) of the gold and silver coins is so small as to fall beneath the reporting thresholds set by the Internal Revenue Code, i.e., the employees income was too small to be taxed.

The Defendants also argued that regardless of the valuation of the coins for internal revenue purposes, there is no law that requires average American workers to file or pay direct, un-apportioned taxes on the fruits of their labor.

Attorney Hansen cited two Supreme Court cases bolstering Defendant's monetary argument at the heart of the defendants "willfulness" defense.

The essence of the argument is that under the Constitution Congress is obligated by law to mint and circulate such coins as demand requires, and must establish the value of coins as they are used as legal tender, but the coins' market value, arising as valuable personal "property," is a distinct, separate attribute of such coins, and is of no legal consequence if the coins are used as legal tender.

In other words, if a worker is paid with such coins, his taxable "income" (if any) can only be the face value indicated upon the coin money paid -- i.e., \$1.00 for a circulating silver dollar or \$50 for a circulating gold U.S. coin. Not surprisingly, the IRS has never issued any public guidance regarding this significant issue.

The first case, Ling Su Fan v. U.S., 218 US 302 (1910) establishes the legal distinction of a coin bearing the "impress" of the sovereign:

"These limitations are due to the fact that public law gives to such coinage a value which does not attach as a mere consequence of intrinsic value. Their quality as a legal tender is an attribute of law aside from their bullion value. They bear, therefore, the impress of sovereign power which fixes value and authorizes their use in exchange."

The second case, Thompson v. Butler, 95 US 694 (1877), establishes that the law makes no legal distinction between the values of coin and paper money used as legal tender:

"A coin dollar is worth no more for the purposes of tender in payment of an ordinary debt than a note dollar. The law has not made the note a standard of value any more than coin. It is true that in the market, as an article of merchandise, one is of greater value than the other; but as money, that is to say, as a medium of exchange, the law knows no difference between them."

Defense attorney Hansen confirmed that members of the jury were able to actually hold and inspect the gold and silver U.S. coins paid to the workers.

After almost four months of testimony and three and a half days of deliberation, the jury did not convict any of the defendants of any of the 161 crimes

No immunity for prosecutor:

In March 2007, the primary defendant, Bob Kahre, filed a federal civil rights lawsuit against the prosecutor and IRS agents who had conducted what he alleges to be an unlawful search and seizure raid. In 2005, the Ninth Circuit Court of Appeals refused to overturn a previous District Court ruling holding that the federal prosecutor is not entitled to absolute immunity for the unlawful raid.

### You Can Protect Freedom: Question Authority!

"Where Rights secured by the Constitution are involved, there can be no rule making or legislation which would abrogate them."

Miranda v Arizona, (1966)